

## Pandemic Rehearsal Guideline

Rev 1

Issued: Sept 1, 2020

**Risk:** Coughing, sneezing, shouting, and playing instruments are examples of activities that generate more airborne droplets and aerosols than speaking or being silent. Physical distancing, masks, instrument covers and ventilation are examples of methods that help mitigate against Covid 19 spread from aerosols, droplets, surfaces, and people infected with Covid 19.

**Fail Safe:** The combination of several measures is intended to protect or contain when one measure fails: personal face masks, physical distancing, ventilation, duration, disinfecting, handwashing, and barriers such as instrument bell covers.

The BCB will follow pandemic protocols mandated by the Leeds and Grenville and Lanark District Health Unit (the Health Unit). Rehearsals may be cancelled or changed at any time.

### Rehearsal Guideline:

1. Occupancy: max 25, normal 20.
2. Arrival: Park in south lot and enter through front door on Ormond St between 6:45 and 7:00pm. Warm-up time is restricted to 5 minutes starting at 7pm, while Lance talks to the zoomers. If you need longer warm-up at home or outside.
3. Face masks must be worn when entering the building.
4. The cloak room is not available. Coats, boots, cases will be stored at the individual's chair.
5. Registration:
  - A greeter will register designated members on entry. Others will not be allowed entry.
  - Members will attest: "To the best of my knowledge I am well, showing no symptoms of illness and have not been in contact with a person known to be infected with Covid 19."
  - The registration sheet will be dated and filed in the music box for contact tracing if necessary.
  - Designated members will clean their hands with hand sanitizer provided then follow the arrows to their designated chair.
6. Set-up: <5 volunteers will set-up starting at 6:30. They will set-up chairs, stands, music folders (opened on the stands) and percussion equipment, taking care to disinfect hands before and after set-up. They will also place cleaning supplies in bathroom, breakroom and at registration desk.
7. Ventilation: The Conductor or delegate will ensure ventilation is on and set before the band arrives and off after the band leaves. He will also ensure that floor grills are uncovered and not blocked and doors to the rehearsal area are closed during rehearsal and during break.
8. Zoom equipment: members of the set-up crew will set up, run, and take down equipment required to live-stream the rehearsal and to amplify the conductor's voice.
9. Rehearsal Duration: Maximum 50 minutes, then leave room for a minimum of 15 minutes, and return to rehearse for another 50 minutes maximum.
10. Break: outside (preferred) or south room, wearing face masks and maintaining physical distancing.

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11. Take-Down: The instrumentalist will disinfect stand, music folder (not music) and chair, then return same to storage units (stand cart, blue box, and chair rack). The set-up volunteers will move those units and disinfecting supplies to storage and close the folding wall.
12. Exit: take all your gear with you and exit following the arrows, maintain a 2m physical distance and wear mask.

**Expected Practices**

1. Wash your hands and disinfect your instrument before and after rehearsal at home.
2. Treat instrument surfaces as contaminated: clean regularly, cover when not in use.
3. Physical distancing: maintain a 2 m distance as much as possible, follow floor arrows.
4. Mask on always: drop to chin when playing, replace when you stop playing.
5. Instrument bell covers and wind deflectors on always.
6. Do not use an instrument stand or mute if you must remove the bell cover.
7. Outside socializing is preferred to inside.
8. Use sanitizer at rehearsal and keep instrument surfaces disinfected. Members are encouraged to bring their own disinfecting supplies including facial tissue.
9. Do not shout, do not play, or blow forcefully. Playing at a sound level closer to normal talking creates less aerosol than playing at a sound level greater than a BCB traditional forte.
10. Do not ignore the clock: start and stop on time. Leave the room at break.
11. Spit valves will not be used: remove slide and drain. Blowing forcefully to clear condensation from the drain valve creates unmasked aerosol clouds.
12. Swabs for woodwind instruments is permitted.
13. Materials such as spit towels, swabs, trays, bell covers, must return home in your instrument case or in a plastic bag. You are responsible for cleaning before the next rehearsal.
14. Music folders and sheets of music are not to be shared/exchanged during the rehearsal.
15. Washroom: South bathroom only is available, if necessary. The person using it will disinfect before and after use.

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